

Fly Tying Bench—Poly Hi-Tie *by Paul Sequira*

The High Tie was developed many years ago and got its name from the method of tying small batches of bucktail (or calf tail for smaller flies) along the topside of the hook shank. It was an effective fly, generally used to imitate compressed bodied baitfish. This version uses only synthetic polypropylene materials and is trimmed to create the desired baitfish shape. I have found it to be a very effective fly in both fresh and saltwater.

Materials:

- Hook: Mustad 9175D or any similar short shanked hook size 4 through 1/0
- Thread: white 3/0 flat waxed nylon or mono thread
- Wing: E.P. Fibers or Neer Hair white, topped with a contrasting color
- Flash: Angle Hair, Lite Brite or similar, tied in at sides
- Eyes: any large stick-on type (at least ¼" dia.)
- Protective coat: Soft-tex on front of finished fly



The Poly Hi-Tie— Flies tied and photo by: Paul Sequira
Top: Gray over white Bottom: Yellow over white

Tying Instructions:

1. Insert hook in vise in normal position and attach thread with a jam knot just ahead of the start of the bend.
2. Select a small batch of Neer Hair. The amount of hair used should be approximately the thickness of a round toothpick when you stretch the material between your two hands. Do not over dress this fly; it is very important not to use too much material.
3. Cut the batch of material in half, you will have two batches each 5" long. Reserve one batch for the wing and hold aside. Take the other 5" batch and using the center tie-in method, attach the batch to the top of the hook shank at the thread tie-in point. Take a couple of wraps and fold the forward portion of the Neer Hair back. This will form the tail. Secure the tail to the hook with several more tight wraps and secure with a couple of half hitches.
4. Take a small amount of Lite-Brite and tie it in with a couple of wraps at the waiting thread on the near side of the hook. Now fold the forward portion of the Lite-Brite over the hook to the far side and secure it to the hook with several wraps of thread and again secure it with a couple of half hitches. At this point, trim the Lite-Brite on the far side of the hook to be roughly the size of the tail.
5. Advance the tying thread with several wraps. Take the reserved batch of Neer Hair and cut it in half forming two, 2½" batches.
6. Square off the end of one of the cut hanks of Neer Hair and tie it in on top of the hook shank. Secure it with a couple of half hitches and advance the thread a coupler of wraps.